



“creating a village in the city”

Please Contact Us

We are located in the community room at
Kortright Hills Public School
 23 Ptarmigan Drive Guelph, ON N1C 1B5
 519.993.5264 kortrighthillsng@gmail.com www.khng.ca

Our Boundaries

- North** – Downey and Niska Rd from Hanlon to Niska Bridge - North to Stone Road
- East** – Hanlon Expressway;
- West** – City Limits;
- South West** – City Limits to Downey Rd;
- South East** – Teal Dr. from Downey to Hanlon.

July 2022 issue

Visit us on the Web: www.khng.ca

**KHNG SUMMER CHILL NIGHT EVENT
 MARK YOUR CALENDARS TO ATTEND!**

**Kortright Hills Neighbourhood Group Is
 Pleased To Welcome Back**

“SUMMER CHILL Night”

Wednesday
 August 17th 2022
 6-8 pm

Behind Kortright Hills P.S.

Play

FREE

27 Ptarmigan Dr. Guelph
 Rain location in community room

Games

Frozen

Bring your
 Family & Friends

Win
 A Prize

Treats



**COMMUNITY BACKPACK 2022!
 SIGN UP TODAY**

**BACKPACK PROJECT
 SIGN UP TIME
 COMMUNITY BACKPACK
 PROJECT 2022**

Every year Hope House & Neighbourhood Groups in Guelph run this amazing program. They supply backpacks & supplies to students from JK to Grade 12

DEADLINE: JULY 29TH

**TO SIGN UP:
 Online:**

<https://hopehouseguelph.com/programming/guelph-community-backpack-project/>

Email your information to: shauna.owng@gmail.com
 or come into the OWNG Centre at 15 Willow Rd #K45

guelph neighbourhood SUPPORT COALITION



"creating a village in the city"

KHNG is pleased to offer "Cobs Bread Program". Feel free to pick up items for your family or a family you know in need.

Some items that may be available are loaves of bread, pizza, croissants, pastries (when available).

Cobs end of day giving program, bakeries connect with community by helping every left over item at the end of the day find a home. It makes Cobs a real part of the community and helps reduce food waste.

Cobs items will be picked up once a month and delivered to the KHNG Community Room 23 Ptarmigan Dr. (entrance is last door on right off of north parking lot) to be sorted & bagged.

If you would like to volunteer to bag and distribute Cobs products please contact korttrighthillsng@gmail.com



Cobs Bread Program



July's Pick Up Dates & Hours:

- Sunday July 3rd - 8:15 to 10pm
- Monday July 4th - 11am to 2pm

(please note that this time may not be offered if we have no cobs items)

- Sunday July 24th - 8:15 to 10pm
- Monday July 25th - 11am to 2pm

(please note that this time may not be offered if we have no cobs items)

- Sunday July 31st - 8:15 to 10pm
- Monday August 1st - 11am to 2pm

(please note that this time may not be offered if we have no cobs items)

All other days, please contact Leone by email for an appointment.

Location:

KHPS 23 Ptarmigan Dr. - Community Room (side entrance off of north parking lot of school, last door on right)

*** PLEASE BRING YOUR OWN RESUABLE BAGS.**

- We ask that you practice social distancing. Masks are optional.



*Thank You
Vanessa
Duszczyszyn
For Sponsoring
The Cobs Bread
Program at KHNG*

Kortright Hills Community Photos Captured



**Guelph
Public
Library**

“Creating a Village in the City”



Join the Club!



TD
Summer
Reading
Club
2022

For kids of all interests,
ages and abilities.



GPL summer reading program began June 13. There is something for everyone & easy to participate! Drop by any library location to receive your summer reading club package. Learn more: www.guelphpl.ca/summerreading

Wild Birds Unlimited[®]
Nature Shop

Enjoy Nature in Your Backyard

Shop Online at mywbu.com/guelph
Visit us at 987 Gordon St, Guelph ON

Call 519-821-2473



"creating a village in the city"

Welcome!

Thank You!

Stay Informed:

If you are new to the Neighbourhood, we extend a warm welcome to you and your family! Please consider joining us for our regular monthly meetings to help plan social & recreational events.

A special 'thanks' goes to all of our volunteers and community partners, 26th Guelph Scout Group, Kortright Hills Public School and the GNSC. Your support for our neighbourhood is greatly appreciated!

To get email updates of our neighbourhood events delivered to your inbox, please send your request to kortrighthillsng@gmail.com. Visit our website, Facebook group or page telling you of upcoming events, programs and workshops.

Summer Info!



REGISTER TO ATTEND A SCOUTS CANADA PROGRAM NEAR YOU

Programs are STEM based

To join contact Paul by email:

paulleone@sympatico.ca



Beavers	ages 5-7	meet Mon 6:30-7:30
Cubs	ages 8-10	meet Wed. 7:00-8:30
Scouts	ages 11-14	meet Tues 7:00-8:45
Venturers	ages 14-17	meet Tues 7:00-9:00

WE WELCOME YOUR PARTICIPATION & NEED YOUR HELP

Can you help us continue to deliver social and recreational programs for our community? In the coming months we are seeking your assistance with:

***** Please note that several events & programs have been cancelled or virtual until further notice. Check the KHNG facebook page & emails for any updates in the near future. *****

- * Planning of upcoming events
- * Becoming a leader with 26th Scout Group
- * Volunteering with KHNG

If these or similar opportunities are of interest to you, contact us today at kortrighthillsng@gmail.com

Your help is needed – call or e-mail us today!!



KHPS New Times for 2022/2023



Bell Times

Our end of day dismissal is changing next year. Our school day will continue to start at 8:50am but our end of day will now be 3:10pm. **Bell Times 2022/2023 School Year**

See you on Tuesday September 6th!

Want to Advertise in KHNG Newsletter

KHNG Newsletters January, April, July and October 2022

Sponsorship Suggested Rate Scale:

Full page ad, graphics, logo and border

\$100.00 for Newsletter \$50.00 for Website

Half page ad, graphics, logo and border

\$50.00 for Newsletter \$25.00 for Website

Quarter page ad, graphics, logo and border

\$25.00 for Newsletter \$15 for Website

Business card size, graphic, logo and border

\$15.00 for Newsletter \$10.00 for Website

Small word ad, max 15 words, No graphics, FREE

Newsletter advertising helps fund KHNG events

Advertise in our next newsletter Oct 2022!!

**** KHNG OFFICE **
IS OPEN UPON REQUEST
TO REACH OUR STAFF PLEASE
EMAIL: kortrighthillsng@gmail.com
Phone Number: 519.993.5264**





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Summer Info!

The Clothing Closet

FREE great gently-used clothing / linens in a thrift store environment.
Donations of in-season clean clothing / linens gratefully accepted.



Thursdays
Drop in: 9:30-12:00 & 5:00-7:00



New Life Church
400 Victoria Rd N, Guelph
newlifecrc.net



Calling all gardeners!

Plots are now available for rent at Mollison Park Community Garden for the 2022 gardening season. Please contact Nicole at mollisonparkcommunitygarden@gmail.com

Volunteers Needed!

Mollison Park Community Garden is looking for energetic volunteers to help out their neighbours while earning hours towards high school graduation. Please contact Nicole at mollisonparkcommunitygarden@gmail.com for more information.



26th Scout Group Virtual Craft Fair Join Us!



26TH SCOUT VIRTUAL CRAFT FAIR SEPTEMBER 11TH TO 17TH/22 END OF SUMMER EVENT

JOIN US TO VIEW A VARIETY OF VENDORS WITH AN ARRAY OF GIFT IDEAS FOR YOUR EVERY DAY NEEDS!

FUNDS RAISED BY BOOKING AS A VENDOR, GOES DIRECTLY TO THE 26TH SCOUTING GROUP TO HELP OFFSET COSTS OF AN UPCOMING JAMBOREE TRIP TO THE NETHERLANDS IN 2023

WE ARE HOPING TO START INDOOR FUNDRAISERS SOON. DUE TO COVID-19 THEY HAVE BEEN PUT ON HOLD FOR NOW

FULL VIRTUAL DETAILS & OTHER DATES AVAILABLE FOR 2022 YEAR CAN BE FOUND THROUGH BOOKING LINK:

<https://forms.gle/1VGJENwmbxeP9UQ97>

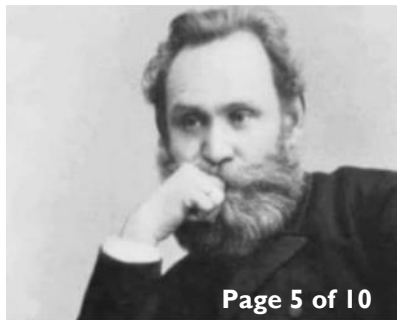
K H N G G I G G L E C O R N E R

Q: How do astronomers organize a party?

A: They planet.

Why was Pavlov's hair so soft?

Because he conditioned it.



The Pun Meister Pure Bred!



What do you call two monkeys who share an Amazon account?
Prime mates.





Share Community News In The KHNG Newsletter:
 KHNG sends an electronic newsletter, four times a year, next issue is October 2022. Want to advertise your business? Want to share your favourite recipe? Write an article of interest? Or are you a student looking to offer your services (i.e. babysitting, shoveling snow, cutting/raking the lawn). Send your information by E-mail to: kortrighthillsng@gmail.com. This is a great way for Kortright Hills Neighbours to come together by sharing thoughts, talents & services with our community neighbours.

Kortright Hills Community News!



Life Gears & KHNG Summer Camp

This summer KHNG will be partnering with Life Gears Academy to offer 6 weeks of summer STEM camps.

Find camp descriptions and registration here
<https://www.lifegears.org/camps/summer-camps>

Location: Kortright Hills Neighbourhood Group Community Room (23 Ptarmigan Dr)
Dates: July 11 to August 26th (excluding Aug. 2 week)
Time: Monday - Friday 9am - 4pm
 (8:30am - 4:30pm extended care for an additional \$5/day)
Ages: 8-11
Cost: \$175 for a 5 day week



STEAM Camps Ages 8 to 11 Guelph

Outdoors at Kortright Hills P.S.

\$175/week

(subsidies available)

9am to 4pm

extended care available



July 11 to 15 - Young Engineers
 July 18 to 22 - STEAM Team
 July 25 to 29 - Jr. Lab Scientists
 Aug. 2 to 5 - Rainbow Mentors
 Aug. 8 to 12 - Magic STEM
 Aug. 22 to 26 - Nature Explorers

Website: www.lifegears.org

Email: admin@lifegears.org **Text/Call:** 5197663030



Free Program Offered By City of Guelph

healthy landscapes 

Sign up for your free, 45-minute Healthy Landscape visit (visits available May through September)

Are you looking for ways to have a beautiful landscape without spending hours of time, water and money? A Healthy Landscape visit can help you find ways to reduce the demands of your landscape, without sacrificing beauty. Be the envy of your neighbours!

How-to tips include

- Fun, easy ideas to help you incorporate the latest Gardening trends
- Creating a low-maintenance beautiful garden
- Learn what plants will work best with your garden's conditions
- Learn about dazzling plant combinations that are easy to grow and maintain
- Watering your lawn and garden for best results
- Identifying pest problems and how to deal with them
- Conserving energy by planting a tree in the right location

Healthy Landscape visit advisors can also share with you how to attract pollinators to your garden, how to build a rain garden, and the best way to start a new garden or mulching practices. Once the visit is complete, you'll be provided with a free report that outlines recommendations on how to create a beautiful, low-maintenance lawn and garden.

<https://forms.guelph.ca/Water-Services/Healthy-Landscapes-visit-request>

KHNG Asking for Support

Have you missed Eggstravaganza, Summer Chill Night and Booonanza as much as we have? Since the pandemic began, In-person events have stopped and KHNG moved to virtual contests to stay connected with the community.

For each virtual contest, KHNG has given away three prize packages to members of our community, thanks to generous donations from our community sponsors. We'd like to continue with our virtual contests until we can get back together in person to enjoy our awesome events. To help us continue bringing good cheer to members of our community through our virtual contests, we are reaching out to you to ask if you would consider making a donation.

Either a gift item or a monetary donation (via e-transfer to kortrighthillsng@gmail.com) If you have any questions please do reach out to Leone by email kortrighthillsng@gmail.com

Thank you for your support!

Kortright Hills Community News Cont'd!



Community Crime Info

June 1

Two vehicles were broken into on Foxwood Crescent

Helpful advice

When it comes to wireless key fobs, don't leave your keys hanging by the back door, or worse, the front door or near your car. The key and the car are talking to one another. They chat.

There are people who use what are called signal amplifiers to augment the volume between the two and take over. This will unlock and then start the car. Drivers should purchase a "Faraday box" or bag, also known as signal blocking pouches, that can prevent your signal from being hijacked.

Keeping your keys with you when you're out and about is also wise. On March 18, the Toronto Police warned people that private gym lockers were being broken into to take keys and then steal vehicles.

Susie Meldrum June 6 at 7:15 AM · 🌐

Please Read:

Late last night between the hours of 7 pm to 4:30 am my 79-year old fathers 2005 GMC Sierra 4x4 was stolen from his driveway near Pheasant Run Drive and Downey Road. License plate is AS54232. It was recently repainted maroon colour and had a new installed flat black cover.

My dad was supposed to go on a east coast driving trip next week with this truck; a trip of a lifetime he has been planning for over 2 years since the pandemic started and my mom passed. Something he has spent an immense amount of time planning and looking forward to while he is still physically capable of travelling.

To the person who has stolen this truck - you have violated my family and taken something from my father that we can only hope he will get back in time for his trip. Shame on you.

I am begging the surrounding community to please, keep an eye out for this truck and please help my family. If you see this truck report immediately to the police who have been alerted.

If you have any leads to the whereabouts of this vehicle, please contact me directly. Thank you all for reading and to those of you who will share this message.

May we all show kindness, compassion and empathy with one another,
Susie Meldrum

Missing Truck In Our Community



KHNG Pet Corner



"creating a village in the city"

Name: Max

Age: 8.5 years old

Breed: Golden Retriever

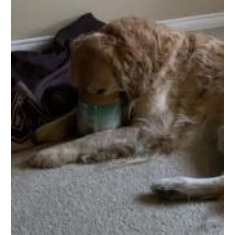
Family: Lives with his mom, sister & brother

Friend: Likes Milo

Secret Admirer: Bumpy

Fave hangout: Loves going to the forest

Fave treat: Loves anything edible, calls Bumpy's mom the "Treat Lady" & loves licking peanut butter containers



26th Guelph Scouting Group

Attention: We are looking for volunteers to help run our scouting programs: Beaver Scout, Cub Scout, Scouts, Venturer Scout

If interested please contact Paul
Group Commissioner of the 26th Guelph
Scout Group: paulleone@sympatico.ca



It starts with Scouts.

Children's Reading Room

New Child & Family Program in Guelph!

Children's Reading Room

located at the back of All Saints church
210 Silvercreek Pkwy N | 226 706 9845

f @ t d in



We provide free quality children's books with every visit! Open for drop-in family programs every Wednesday, Thursday, and Friday from 9am to 1pm.

Music and Story Circle

Join one of our fabulous Early Childhood Educators for Circle Time every Wednesday, Thursday and Friday at 10am! We'll read stories, sing songs, and play games!



Story Time & Crafts

Join us every Thursday at 11am for a literacy-focused craft activity! We will read a story and create a craft based on the elements from the story.



<https://childrensreadingroom.org/>





Hot Summer Nights

Chill out with the Guelph Fire Department this summer.

Chat with local first responders.
Learn about fire safety and accident prevention.

Check out emergency vehicles.

Thursday, 6:30-7:45 p.m.*

Margaret Greene Park	July 14
Exhibition Park (near wading pool)	July 28
Waverley Park (near splash pad)	August 11
Riverside Park (near carousel)	August 25

* Fire crew is on duty and may have to leave to respond to an emergency.

Details
519-763-8111
guelph.ca/fire

Kortright Hills

-Your Neighbourhood Group

"creating a village in the city"

SUPPORT LOCAL BUSINESS

Local Small Business

Spotlight: Minchi Kimchi



Traditional small-batch homemade kimchi, locally prepared right here in Guelph! Enjoy this delicious Korean staple as a side dish for summer BBQs, in your favourite bowl of noodles, or alongside rice and a fried egg. This healthy fermented food will add an extra kick to any meal! Vegan and gluten-free options available.

\$12 for a regular jar (500 mL) and \$16 for a large jar (750 mL). When you're ready for a refill, return your used jar and get \$2 off your next order.

Visit us at the Aberfoyle Farmers' Market: Jul 16, Aug 20, Sept 10, Oct 1, Oct 22

Instagram: @minchi_kimchi

E-mail us at goodminchikimchi@gmail.com to place your order now!



SUPPORT LOCAL BUSINESS

MOVING SALE
25% OFF NOW UNTIL
JULY 25 OR SOLD OUT



COUPON CODE MOVING

CANNOT BE COMBINED WITH SALE OR OTHER COUPONS

Simply Bath Collection by Tanya

Even though local resident Tanya is moving, she is still making bath products for clients! To order, check out the website at:

<https://simplybathcollection.com/>



Do your kids need a haircut?

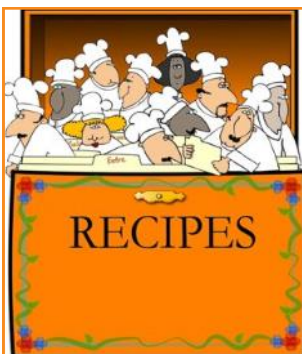
Sara, who recently moved into Kortright Hills, is accepting new clients located in her basement.

Child haircut is \$20

Kortright Hills

Recipe

Corner!!



"creating a village in the city"

Summer Macaroni Salad

Ingredients:

- 1 (12 ounce) package elbow macaroni
- ½ (1 pound) package shelled edamame, or more to taste
- ¼ cup mayonnaise, or more if needed
- ¼ teaspoon celery seed
- ¼ teaspoon paprika
- ¼ teaspoon salt
- ¼ teaspoon ground black pepper
- 1 (12 ounce) can premium canned chicken, minced
- 3 hard-cooked eggs, chopped
- 2 tablespoons sunflower seed kernels, or to taste
- ¼ cup shredded Cheddar cheese
- ¼ cup chopped green onions



Directions:

Bring a large pot of lightly salted water to a boil. Cook elbow macaroni in the boiling water, stirring occasionally, until cooked through but firm to the bite, 8 minutes; drain.

Bring a large pot of lightly salted water to a boil. Cook edamame in boiling water for 10 minutes; drain. Rinse with cold water; drain.

Stir mayonnaise, celery seed, paprika, salt, and black pepper together in a bowl.

Toss macaroni, edamame, chicken, eggs, sunflower seed kernels, Cheddar cheese, and green onion in a bowl; add mayonnaise mixture and stir to coat.

Chill in refrigerator until cold, 30 to 60 minutes.

Triple Fruit Drink

Ingredients:

- 1 (12 ounce) can apricot nectar, chilled
- 1 ½ cups orange juice, chilled
- 2 tablespoons lemon juice



Directions:

In a pitcher, combine apricot nectar, orange juice, and lemon juice. Serve chilled.

Fruit Cubes for Summer

Ingredients:

- 2 ½ c cubed seeded watermelon
- 2 ½ c cubed cantaloupe
- 2 ½ c cubed honeydew
- 1 c frozen raspberries, thawed
- 1 c frozen strawberries, thawed
- ¼ c white sugar
- 1 tlbsp lemon juice



Directions:

Blend the watermelon, cantaloupe, honeydew, raspberries, strawberries, sugar, and lemon juice in a blender until smooth.

Pour the blended fruit juice into molds and cover with aluminum foil; poke a stick into the center. Store in freezer until frozen through, about 4 hours.

"Cooking is an expression that crosses boundaries"

Summer Medley Salad

Ingredients:

- 1 cantaloupe, peeled and seeded
- 3 large cucumbers
- 1 honeydew melon
- 1 pinch salt



Directions:

Cut up the cantaloupe, cucumbers and honeydew into small bite-size pieces. Mix together in a large bowl and sprinkle the salt over all. Mix again.

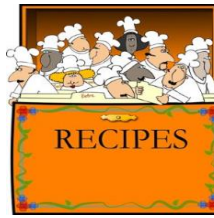
Picking The Perfect Watermelon Tip:

Make sure the dark green lines are 2 fingers width apart.

You will have a delicious watermelon.



Kortright Hills Recipe Corner!!



"creating a village in the city"

Summer Tomato Pie

Ingredients:

- 1 recipe pastry for a single 9-inch pie crust
- 3 tomatoes, thinly sliced
- 2 teaspoons salt
- 3 cloves garlic, minced
- ¼ cup chopped fresh basil
- ½ cup shredded Cheddar cheese
- ½ cup shredded mozzarella cheese
- ¼ cup mayonnaise



Directions:

Preheat oven to 450 degrees F (230 degrees C). Press pie crust into a 9-inch pie pan; prick bottom and sides with fork. Bake crust in the preheated oven until lightly browned, 10 to 12 minutes. Cool completely. Reduce oven temperature to 350 degrees F (175 degrees C). Place tomatoes in a single layer of a colander; sprinkle with salt. Let sit for about 10 minutes to release moisture. Blot excess moisture with a paper towel. Arrange 1 layer of tomato slices around the bottom of the cooled pie crust, overlapping the slices. Sprinkle half the garlic and half the basil onto tomato layer. Sprinkle half the Cheddar cheese and half the mozzarella cheese over basil layer. Repeat layering with remaining tomatoes, garlic, basil, Cheddar cheese, and mozzarella cheese. Spread mayonnaise over the top mozzarella cheese layer. Bake in the preheated oven until cheese is melted and bubbling, about 30 minutes. Cool on a wire rack.

Cream Cheese Fruit Pizza

Ingredients:

- 1 (16.5 ounce) pkg refrigerated sugar cookies, sliced
- 1 (8 ounce) pkg Cream Cheese, softened
- ¼ C sugar
- ½ tsp vanilla
- 4 C cut-up fruit (kiwi, strawberries, blueberries, drained canned mandarin oranges)
- ¼ C apricot preserves, pressed through sieve to remove lumps
- 1 tbsp water



Direction:

Heat oven to 375 degrees F. Line 12-inch pizza pan with foil; spray with cooking spray. Arrange cookie dough slices in single layer in prepared pan; press together to form crust. Bake 14 min.; cool completely. Invert onto plate; carefully remove foil. Turn crust over. Beat cream cheese, sugar and vanilla with mixer until well blended. Spread over crust. Top with fruit. Mix preserves and water; brush over fruit. Refrigerate 2 hours.

Cucumber Sandwich

Ingredients:

- 2 thick slices whole wheat bread
- 2 tbsp cream cheese, softened
- 6 slices cucumber
- 2 tbsp alfalfa sprouts
- 1 tsp olive oil
- 1 tsp red wine vinegar
- 1 tomato, sliced
- 1 leaf lettuce
- 1 oz pepperoncini, sliced
- ½ avocado, mashed



Directions:

Spread each slice of bread with 1 tablespoon cream cheese. On one slice of bread, arrange cucumber slices in a single layer. Cover with sprouts, then sprinkle with oil and vinegar. Layer tomato slices, lettuce, and pepperoncini. Spread other slice of bread with mashed avocado. Close sandwich and serve immediately.

White Chocolate Almond Cookies

Ingredients:

- ¼ cup sweetened flaked coconut
- 1 cup all-purpose flour
- ½ teaspoon baking soda
- ¼ teaspoon salt
- ¾ cup brown sugar
- ½ cup unsalted butter, softened
- ¼ cup white sugar
- ½ teaspoon almond extract
- 1 egg yolk
- 2 tablespoons milk
- ½ cup white chocolate chips, or to taste
- ¼ cup toasted chopped almonds, or to taste



Directions:

Preheat the oven to 350 degrees F (175 degrees C). Line 2 baking sheets with parchment paper. Place coconut flakes on 1 baking sheet; leave the second baking sheet for the cookies. Bake coconut in the preheated oven until slightly brown, about 6 minutes. Leave the oven on. Combine flour, baking soda, and salt in a small bowl. Cream brown sugar, butter, white sugar, and almond extract together in a separate bowl. Add egg yolk and milk and mix. Pour in flour mixture and combine until almost fully incorporated. Add chocolate, almonds, and toasted coconut; mix well. Drop 1 1/2-inch balls of dough on the prepared baking sheet. Bake in the preheated oven until golden on the edges and soft in the centers, 8 to 10 minutes.